

# CENTRAL / CITY City Conference Track Prelims 2013

## League: CENTRAL / CITY - RUNNING EVENTS 3PM FIELD EVENTS 3PM

### SCHOOL RESPONSIBILITIES AND SCHOOL ASSIGNMENTS

HOOVER - JOE KIM [CL] Meet Management and Track Set-up

KEARNY Clerk of the Course

HOOVER Assistant Clerk and Results[including Posting]

HOOVER Announcer

MISSION BAY & HOOVER Trainers

All Head Coaches Jury of Appeal

SAN DIEGO Hurdle/Block Crew

CORONADO/HOOVER.J.WATERS Head Timer

### **FIELD EVENT TIMES**

MISSION BAY \*\* Girls Shot Put(plus 3 students) – **3:00 BOYS TO FOLLOW**

CRAWFORD \*\* Boys Shot Put(plus 3 students) – **IMMEDIATELY AFTER GIRLS**

LINCOLN \*\* Girls LJ & TJ (plus 4 students) **3:00 TJ [FINAL] - 5:00 LJ**

CLAIREMONT \*\* Boys LJ & TJ(plus 4 students) **3:00 TJ [FINAL] - 5:00 LJ**

CORONADO \*\* Girls High Jump(plus 2 students) **3:00 BOYS TO FOLLOW**

CHRISTIAN \*\*Boys High Jump(plus 2 students) **IMMEDIATELY AFTER GIRLS**

AT LINCOLN \*\* Girls Discus (plus 3 students) – **FINALS MONDAY 3PM**

AT LINCOLN \*\* Boys Discus (plus 3 students) – **FINALS MONDAY 3PM**

Note: \*\* indicates those schools running field events. You need to supply your own tape measure, clip board and pencils as well as an Adult and helpers

OPENING HEIGHTS:

**HJ: GIRLS 4' 0"; BOYS 5' 0"**

**PV: GIRLS & BOYS TBD**

FIELD EVENT JUMPS & THROWS PRELIMS: 3 ATTEMPTS ONLY

FINALS: 3 PRELIM ATTEMPTS WITH 9 TO FINALS[3 ATTEMPTS IN INVERSE ORDER]

800 1 TURN STAGGER [ 2 ALLEYS 12 to FINALS]

1600/3200 - 2 ALLEYS [12 TO FINALS IN 1600]

RUNNING ORDER: CITY GIRLS, CENTRAL GIRLS, CITY BOYS, CENTRAL BOYS

3200 FIRST EVENT - A FINAL AT 3:00, 1600 LAST EVENT OF THE DAY