

Grizzly Invite Time Schedule

Running Events				Field Events			
10:00	Mid Distance Medley	Small School	Boys	9:00	Long Jump	Boys	Small School
10:10	Mid Distance Medley	Large School	Boys	9:00	Long Jump	Girls	Large School
10:20	Mid Distance Medley	Small School	Girls	9:00	High Jump	Girls	Small School
10:31	Mid Distance Medley	Large School	Girls	9:00	High Jump	Boys	Large School
10:42	Shuttle	Small School	Boys	9:00	Discus	Boys	Small School
10:45	Shuttle	Large School	Boys	9:00	Shot Put	Girls	Large School
10:48	Shuttle	Extra Heats	Boys	9:00	PV	Girls	Invitational
10:54	Shuttle	Small School	Girls	10:00	Long Jump	Boys	Large School
10:57	Shuttle	Large School	Girls	10:00	Long Jump	Girls	Small School
11:00	Shuttle	Extra Heats	Girls	10:00	Discus	Girls	Small School
11:04	4x200	Small School	Boys	10:00	Shot Put	Boys	Large School
11:09	4x200	Large School	Boys	10:30	High Jump	Boys	Small School
11:14	800m	Invitational	Boys	10:30	High Jump	Girls	Large School
11:20	800m	Invitational	Girls	11:00	PV	Boys	Invitational
11:26	4x200	Small School	Girls	11:00	Triple Jump	Girls	Large School
11:31	4x200	Large School	Girls	11:00	Triple Jump	Girls	Small School
11:39	300H	Invitational	Girls	12:00	Shot Put	Girls	Small School
11:44	300H	Invitational	Boys	12:00	Discus	Boys	Large School
11:49	Coed Sprint Medley	Small School	BG	12:00	Triple Jump	Boys	Small School
11:53	Coed Sprint Medley	Large School	BG	12:00	Triple Jump	Boys	Large School
11:57	4x1600m	Small School	Boys	1:00	Shot Put	Boys	Small School
12:07	4x1600m	Large School	Boys	1:00	Discus	Girls	Large School
12:17	100m	Invitational	Girls				
12:20	100m	Invitational	Boys				
12:23	4x1600m	Small School	Girls				
12:33	4x1600m	Large School	Girls				
12:43	4x400m	Small School	Girls				
12:49	4x400m	Large School	Girls				
12:55	4x400m	Small School	Boys				
1:01	4x400m	Large School	Boys				
1:07	Weight Relay	Small School	Girls				
1:10	Weight Relay	Large School	Girls				
1:13	Weight Relay	Small School	Boys				
1:15	Weight Relay	Large School	Boys				

Note: Each athlete will receive 3 throws unless the field is too big (over 25 athletes), then we may have to go to 2 throws each. This scenario is unlikely, but not impossible.

Girls

Large School

Mission Hills
Escondido
Patrick Henry*
Oceanside
Brawley*
Kearny
Cathedral Catholic
Valhalla*

Small School

Mt. Empire
Desert Academy*
San Marcos*
Olympian
Julian*
Canyon Crest*
Guajome Park
Francis Parker*

Boys

Large School

Mission Hills
Escondido
Patrick Henry*
Brawley*
Kearny
Cathedral Catholic
Valhalla*

Small School

Mt. Empire
Desert Academy*
San Marcos*
Olympian
Julian*
Canyon Crest*
Guajome Park
Army Navy
Francis Parker*