

2009 MUSTANG/PHAIR CO. T&F RELAYS

Your team is invited to the SIXTH ANNUAL MUSTANG TRACK & FIELD RELAYS which will be sponsored by THE PHAIR COMPANY. This meet will take place on Saturday, April 25TH at the Otay Ranch High School all-weather facility. The meet will be a relay format falling between the Jaguar and Escondido Invitationals which both feature individual type formats.

The meet will cost \$130/team(\$260 total for both boys and girls). Teams, which competed last year, will hold a spot in the meet by completing and returning the attached entry form by Tuesday, February 10th. After this date, other teams will be able to enter. Please send checks as soon as possible to guarantee your participation in the meet. Last years teams and divisions are listed below

You may contact me at the following numbers: (619) 591-5000 (school) or (619) 422-5416 (home). My e-mail address is <ian.cumming@suhsd.k12.ca.us>.

Date: Saturday, April 25TH, 2009

Place: Otay Ranch H.S. Stadium—Chula Vista

Time: 8:30 AM to 3:00 PM

Facility: 9 lane polyurethane all-weather track with concrete discus and shot put areas

Events: Relays—4 X 100 relay, 4 X 200 relay, Sprint Medley Relay(200/100/100/400), 4 x 400 relay, 4 X 800 relay, Distance Medley Relay (1200, 400, 800, 1600) and shuttle hurdles. There will also be a scoring and a non-scoring 1500.

Individual events-1500 meters-2 entries, 300 hurdles-1 entry and 300 meter run(1 entry)—yes a unique event for letting the 400 runner step down or the 200 runner to step up

Field events—3 person relay teams with a maximum of 3 attempts per competitor) in the throws and horizontal jumps

Medals: 3 relay teams per division including field events and 5 individuals in the 3 open races

Spikes: Athletes will be able to use only 3/16”(or smaller) needle spikes.

Admission: \$5.00 for adults and \$3.00 for students and children under 12

Snack Bar: There will be a complete concessions stand.

T-shirts: A limited amount of high quality t-shirts will be on sale for \$8 to \$10.

Entry fees: Once you have returned your entry form and have been accepted into the meet, we will need to receive your entry fee by March 6th to guarantee your spot in the meet.

(\$260 total for your girls and boys teams combined)

THE DIVISIONS LISTED BELOW ARE FROM 2008 AND ARE LISTED HERE ONLY TO CLARIFY LAST YEARS ENTRIES.

BLUE division

BONITA VISTA
CALEXICO
CARLSBAD (GIRLS ONLY)
CHULA VISTA
EASTLAKE
HILLTOP
MORSE
OTAY RANCH
SAN DIEGO
STEELE CANYON

SILVER division

CENTRAL UNION
CLAIREMONT
IMPERIAL
LA JOLLA
MOUNT MIGUEL
OUR LADY OF PEACE
POINT LOMA
SOUTHWEST—SAN DIEGO
SAINT AUGUSTINE
SWEETWATER

MAR VISTA

Best Wishes,

Ian Cumming

ENTRY FORM IS ON THE NEXT SHEET—PLEASE RETURN A.S.A.P.

2009 MUSTANG/PHAIR CO. TRACK & FIELD RELAYS
ENTRY FORM

By checking yes below and stating our commitment to participate in the SIXTH ANNUAL MUSTANG/PHAIR COMPANY TRACK & FIELD RELAYS on Saturday, April 25TH, 2009, we agree to pay the entry fee of \$130/girls team and \$130/boys team (\$260 for both boys and girls teams).

_____ Yes, we will attend _____ No, we will not attend

School: _____

School
Address: _____

GIRLS
COACH: _____ Phone(WORK) _____

HOME PHONE _____

E-mail address _____

BOYS
COACH: _____ Phone(WORK) _____

HOME PHONE _____

E-mail address _____

Coach's Signature: _____

Date: _____

AD's Signature: _____

Date: _____

Please make checks payable to Otay Ranch H.S. Track & Field and mail to
(entry form may be faxed to 619-591-5001)

Ian Cumming
Otay Ranch High School
1250 Olympic Parkway
Chula Vista, California 91913

We hope you will be able to join us for what will be an enjoyable day of great competition and camaraderie